

emotions chart



HAPPY	CARING	DEPRESSED	INADEQUATE	FEARFUL	CONFUSED	HURT	ANGRY	LONELY	REMORSEFUL
aglow	admiring	alienated	blemished	afraid	adrift	abused	affronted	abandoned	abashed
buoyant	adoring	beaten	blotched	alarmed	ambivalent	aching	aggravated	alienated	apologetic
carefree	affectionate	blah	broken	anxious	baffled	afflicted	annoyed	alone	ashamed
cheerful	altruistic	blue	crippled	apprehensive	befuddled	anguished	belligerent	apart	bashful
contented	appreciative	crestfallen	damaged	awkward	bewildered	belittled	bitter	cheerless	blameworthy
cool	attached	dejected	defeated	cautious	chaotic	cheapened	boiling	cut off	contrite
delighted	attentive	demoralized	deficient	defensive	confounded	criticized	bothered	dejected	culpable
ecstatic	cherishing	desolate	feeble	desperate	disordered	crushed	bristly	deserted	debased
elated	compassionate	despondent	flawed	distressed	disorganized	damaged	bugged	desolate	degraded
elevated	considerate	devalued	helpless	dread	distracted	degraded	cranky	despondent	delinquent
energetic	devoted	discouraged	ignored	faint-hearted	dizzy	depreciated	enraged	destroyed	depraved
enthusiastic	doting	dismal	impaired	fidgety	flustered	destroyed	exasperated	empty	disgraced
euphoric	empathetic	dispirited	incapable	fretful	foggy	devalued	frustrated	estranged	downhearted
exhilarated	fervent	distressed	incompetent	frightened	in disbelief	devastated	fuming	excluded	embarrassed
gleeful	fond	downcast	incomplete	horrified	jumbled	discarded	furious	forgotten	evil
grateful	friendly	dull	ineffective	jumpy	misled	forsaken	grouchy	forlorn	exposed
hopeful	idolizing	empty	inept	nervous	mistaken	harmed	heated	forsaken	flustered
in high spirits	infatuated	gloomy	inferior	overwhelmed	misunderstood	humiliated	hostile	friendless	guilty
joyful	interested in	grieved	insignificant	panicky	muddled	injured	irate	isolated	hesitant
joyful	kind	grim	invalid	paralyzed	perplexed	let down	irked	left out	humble
lighthearted	loving	hopeless	lacking	petrified	puzzled	minimized	irritated	marooned	humiliated
lively	partial	in despair	lame	scared	rattled	mistreated	livid	melancholy	judged
merry	passionate	lost	powerless	shaky	speechless	mocked	offended	neglected	meek
overjoyed	respectful	melancholy	puny	shocked	stumped	neglected	outraged	oppressed	mortified
playful	sympathetic	miserable	small	stressed	stunned	punished	provoked	ostracized	regretful
pleasant	tender	moody	substandard	tense	taken-aback	put down	seething	outcast	remorseful
pleased	thoughtful	sad	tiny	terrified	thrown	rejected	spiteful	rejected	repentant
satisfied	tolerant	somber	uncertain	timid	trapped	resentful	storming	remote	sheepish
serene	trusting	sorrowful	unimportant	troubled	troubled	scarred	testy	separate	sinful
sparkling	warm toward	tearful	unsure	uneasy	unbalanced	tender	ticked-off	shunned	sorrowful
thrilled	warmhearted	unhappy	useless	watchful	uncertain	tortured	uptight	solitary	sorry
vibrant	worshipful	upset	weak	worried	unsettled	wounded	vengeful	solitary	wicked
zippy	zealous	woeful	worthless	wrecked	unsure	wronged	vindictive	withdrawn	wrong

